



# Dementia

My eyes do see. My ears do hear.  
I am still Me. so let's be clear.  
My memory may fade. My walk may slow  
I am Me inside. don't let Me go.

# Admiral Nurses

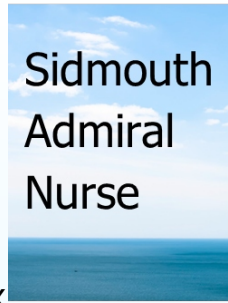
Admiral Nurses provide support, advice and guidance to families and carers of people living with dementia, helping them manage complex needs and navigate the health and care system to help support the person living with dementia. The aim of an Admiral Nurse is to support families and carers to minimise carer fatigue, reduce crises and help people living with dementia to remain independent and living at home for as long as possible.

Admiral Nurses are qualified nurses, and can therefore offer advice and support with medications, therapeutic interventions, frailty and end of life care.

An Admiral Nurse is a specialist nurse role with defined objectives and responsibilities set by the charity Dementia UK. The service is commissioned by The Trust on behalf of the local community charitable organisations across the three geographical areas covered. Charitable funding is place based and Admiral Nurses are therefore bound to serve

the communities from which they are funded.

For further information, please contact your local GP or Admiral Nurse.



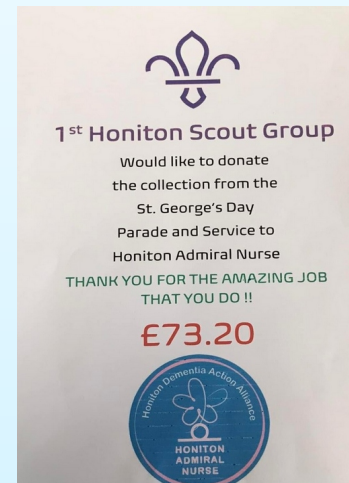
HONITON  
ADMIRAL  
NURSE



Ottery Admiral Nurse



Please contact your GP if you would like to be referred to your local Admiral Nurse



Admiral Nurses are supported by charity funding. Thank you for



# Admiral Nurses feedback

"I have to tell you again what a huge impact you have had on me in helping my family and I last year and towards the end of the year at such a critical time when I needed the support most"

"I thank you deeply for helping me make some big decisions which really ended up being very positive ones."

"She asked all the right questions and knew what I was talking about in trying to provide a full range of care. She showed a real interest in us as people and could empathise fully with our situation. She also made sure that I had thought about various contingencies in case of accidents or emergencies"

"Statement from Rachel at Dementia UK: "An Admiral Nurse, is able to address both the physical and mental health needs of the person living with dementia and their carer, helping to prevent crises, spot signs of deterioration and help prevent hospital admissions, and support carers to carry on in their caring role and plan for the future. Most importantly, our Admiral Nurses take the time to build trusted relationships with families, visiting people in their own homes and getting to the heart of what families need. Whilst Honiton, Ottery St Mary and Sidmouth Admiral Nurses are funded by community fundraising including the League of Friends and The Memory Cafe and partly Dementia UK, they each work within, and is supported by, the Royal Devon University Healthcare NHS Trust's Dementia Team for Honiton, Ottery St Mary and Sidmouth and their professional development as an Admiral



# Admiral Nurses



**NHS**  
Royal Devon  
University Healthcare  
NHS Foundation Trust

Click on image to play video

<https://vimeo.com/826236753/66125778d8?share=copy>