

## Weekly Regular Events In Ottery St Mary

- Every Monday Happy Otters U5s Stay and Play at Ottery Football Club 9.30-11.15am Info Angie 07909873032
- Every Monday Gentle Yoga & Stretching at The Institute 10.30am to 11.45am Contact Lesley Toy on 812577/07791563674
- Every Monday Ottery Hand Bell Ringers at The Institute 1.45pm to 3.45. Info on 01395 516941
- Every Monday Short Mat Bowls at The Institute 7pm to 10pm
- Every Tuesday Coffee & Chat in the Dorset Aisle at The Parish Church 10am
- Every Tuesday Coffee & Chat at The Methodist Church 10am
- Every Tuesday Men's Shed at The Station 10am to 4pm
- Every Tuesday Hatha Yoga at The Institute or Feoffee Room 6.15pm to 7.45pm Contact Lesley Toy on 812577/07791563674
- Every Tuesday Cardio Fitness 6.30pm and Pure Stretch 7.30pm with Way to Fitness, Main Hall, Kings School. Contact Emma 07969 900794
- Every Wednesday Men's Shed at The Station 10am to 4pm, possibly as a Training Day
- Every Wednesday Short Mat Bowls at The Institute 10am to 12 noon
- Every Wednesday Ottery Petanque Club, Strawberry Lane 2.30pm
- Every Wednesday Ottery Choral Society at United Reformed Church 7.30-9.30pm Sept to March
- Every Thursday Hatha Yoga at The Institute 9.15am to 10.45am Contact Lesley Toy on 812577/07791563674
- Every Thursday Ottery Bridge Club at The Institute 6.30pm-10.30pm Refresher courses possible  
Details on 813236
- Every Thursday Men's Shed at The Station 10am to 4pm
- Every Thursday LALA Choir at United Reformed Church 7.15pm to 9.15pm
- Every Thursday Ottery Taekwondo Club at The Scout Centre 6pm/7pm & 7pm/8pm
- Every Thursday Yoga Class at Feoffee Room 6 – 7pm. Info contact Saghar on 07974470610
- Every Friday Hatha Yoga at The Institute 9.30am to 11am Contact Lesley Toy on 812577/07791563674
- Every Friday Seated Exercise Class To Music at The Station 10.30am-12noon. £4 per session
- Every Friday Lego Club at the Library 3pm – 5pm
- Every Sunday Ottery Petanque Club, Strawberry Lane 10.30am
- Every Sunday Ottery Taekwondo Club at The Scout Centre 6pm to 7pm