

Weekly Regular Events In Ottery St Mary

Every Monday	Happy Otters U5s Stay and Play at Ottery Football Club 9.30-11.15am Info Angie 07909873032
Every Monday	Lyfe Bible Study Group at The Feoffee Rooms 10.15am for 10.30am start. New faces always welcome.
Every Monday	Gentle Yoga & Stretching at The Institute 10.30am to 11.45am Contact Lesley Toy on 812577/07791563674
Every Monday	Ottery Hand Bell Ringers at The Institute 1.45pm to 3.45. Info on 01395 516941
Every Monday	Short Mat Bowls at The Institute 7pm to 10pm
Every Tuesday	Coffee & Chat in the Dorset Aisle at The Parish Church 10am
Every Tuesday	Coffee & Chat at The Methodist Church 10am
Every Tuesday	Men's Shed at The Station 10am to 4pm
Every Tuesday	Ballet Class for Over 50's, Beginner Friendly. Scout Hut, Winters Lane 2.30pm-3.30pm. £6 per class. Information from info@seeds-exercise-dance.com 07860 635109
Every Tuesday	Hatha Yoga at The Institute or Feoffee Room 6.15pm to 7.45pm Contact Lesley Toy on 812577/07791563674
Every Tuesday	Cardio Fitness 6.30pm and Pure Stretch 7.30pm with Way to Fitness, Main Hall, Kings School. Contact Emma 07969 900794
Every Wednesday	Men's Shed at The Station 10am to 4pm, possibly as a Training Day
Every Wednesday	Short Mat Bowls at The Institute 10am to 12 noon
Every Wednesday	Ottery Petanque Club, Strawberry Lane 2.30pm Nov-March 7pm April- Oct info John 01392 873796 or Peter 01404 813925
Every Wednesday	Ottery Choral Society at United Reformed Church 7.30-9.30pm Sept to March
Every Thursday	Hatha Yoga at The Institute 9.15am to 10.45am Contact Lesley Toy on 812577/07791563674
Every Thursday	Ottery Bridge Club at The Institute 6.30pm-10.30pm Refresher courses possible Details on 813236
Every Thursday	Men's Shed at The Station 10am to 4pm
Every Thursday	LALA Choir at United Reformed Church 7.15pm to 9.15pm
Every Thursday	Ottery Taekwondo Club at The Scout Centre 6pm/7pm & 7pm/8pm
Every Thursday	Yoga Class at Feoffee Room 6 – 7pm. Info contact Saghar on 07974470610
Every Friday	Hatha Yoga at The Institute 9.30am to 11am Contact Lesley Toy on 812577/07791563674
Every Friday	Seated Exercise Class To Music at The Station 10.30am-12noon. £4 per session
Every Friday	Lego Club at the Library 3pm – 5pm
Every Sunday	Ottery Petanque Club, Strawberry Lane 10.30am
Every Sunday	Ottery Taekwondo Club at The Scout Centre 6pm to 7pm